



SUPPORTING INCLUSION *through*  
INTERGENERATIONAL PARTNERSHIPS

# Support through the generations

Hosted by the African Family Revival  
Organization and partners

AFRO builds meaningful, supportive relationships between Black and African origin older adults with dementia (and their caregivers) and our community's youth.

Persons living with dementia and their caregivers receive help with **systems navigation, accessing resources, and personal planning**, with **culturally-grounded support**.

## Reduce isolation:

Connect, share food, laughs, and stories, and enjoy cultural presentations and activities.

## Engage youth:

Core to this program is building relationships. We are seeking youth volunteers who can act as **"buddies"** with older adult participants and provide practical help.



[afrofamily.ca](https://afrofamily.ca)

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